

Arrange
a relaxing
little getaway
for your people
without actually
sending them
anywhere.



IT'S A WELL DOCUMENTED FACT that the stresses and strains of the working world can take their toll on a number of important aspects of your business, most importantly, the productivity of your key people.

THIS IS WHY A LOT OF SMART COMPANIES are turning to stress reduction techniques such as massage therapy to a much greater extent than ever before. Because they realize that relaxed and healthy personnel are invariably more productive to their companies.

Say hello to your next big corporate idea... an on-site massage therapy program.



THE ACCUMULATION OF STRESS can create muscle tension and poor circulation, which can cause physical and mental fatigue as well as muscular degeneration and pain. This, in turn, can be the springboard to much more serious and debilitating conditions such as heart disease and high blood pressure/hypertension.

A REGULAR PROGRAM OF THERAPEUTIC MASSAGE THERAPY gets to the root of these potential problems, by stretching and relaxing muscles and soothing the nervous system.

MASSAGE THERAPY IS PROVEN TO BE EFFECTIVE in the ongoing treatment and reduction of common afflictions such as: Carpal Tunnel Syndrome • Thoracic Outlet Syndrome • migraine and tension related headaches • hypertension • muscle spasm and tightness • chronic tension • sciatic pain which can ensue from these and similar stress related conditions.

OASIS MASSAGE THERAPY CLINIC provides therapy assessment and several different massage therapy techniques, which can be performed at our clinic or through our **Oasis Massage-To-Go** service, on your own premises.

WITH OUR EXPERTISE IN ON-SITE MASSAGE PROGRAMS, we can help you plan a schedule that will work to reduce stress and increase productivity in your people without causing undue stress to your budget.



Oasis Massage-To-Go. A nice thing to do for your people...a smart thing to do for your business.

It's Convenient. *We come to your workplace.*

Results Are Immediate. *Your people will start to feel the stress reducing effects after their first treatment.*

It's Safe and Simple. *No special level of fitness or training is required.*

People Enjoy It. *It's a relaxing break in a busy day.*

The Effects Accumulate. *Consistent use of the program enhances results.*

It Changes Attitudes. *When people are relaxed, they invent ways to sustain the feeling in their after-hours lives.*

It's Affordable. *Our programs can be designed to fit most budgets.*

It Encourages Wellness On Other Levels. *Such as lifestyle changes, which encourage moderation and relaxation.*

Stress Reduction=Productivity=Profitability.
Which is all self-explanatory.



SERVICES

*Deep Tissue Swedish Massage • Reflexology, Relaxation
• Shiatsu Therapy • Effective Treatment of Athletic Injuries,
Chronic Pain, Muscular Pain, Tendonitis, Digestive Ailments*

CORPORATE RATES

*Rates are determined once all the variables are understood.
These include: Types of treatment required,
duration of individual treatment, number of participants, etc.*

Anne-Marie Magnus (RMT)
Registered Massage Therapist

Kim Dunlop (CST, Dipl.St)
Certified Shiatsu Therapist

Kate Beecham (RMT)
Registered Massage Therapist

OASIS
MASSAGE THERAPY

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www.oasisclinic.cc



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